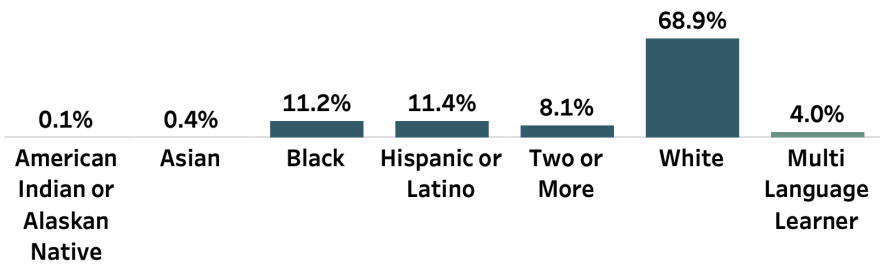
Rutherford County

2025 Roadmap of Need County Profile

For a complete list of data sources, descriptions, and methodology, click here.

	Indicator	County Data	North Carolina	Rank
Economic Development	Median Household Income	$50,714	$70,838	83
	Unemployment Rate	4.1	3.5	78
	Housing Cost Burden	23%	28%	20
	Food Insecurity	22.9%	18.9%	63
Physical Health	Teen Pregnancy	27	22.2	60
	Physicians per 100K	9	26.1	64
	Child Fatality	65.1	58.7	58
	Uninsured	11.8%	10.9%	70
Mental Health and Safety	Suicide Rate	10.2	16.6	11
	Student-Counselor Ratio	276:1	315:1	22
	Juvenile Detention Admission Rate	1	2.23	26
	Drug and Medicine Overdose Rate	71.7	41.0	92
Education Inputs	State Expenditures	$8,776	$7896	47
	Federal Expenditures	$3,118	$3058	31
	Local Expenditures	$2,083	$2269	81
	Teacher Vacancy Rate	1.7%	6.4%	15
Education Outcomes	Math Proficiency	40.6%	37.0%	37
	3rd Grade Reading Proficiency	54.7%	48.6%	12
	% Meeting ACT Benchmark	9.3%	15.2%	51
	High School Graduation Rate	88.8%	86.9%	32

Ranking Summary

Overall	42
Economic Development	71
Physical Health	71
Mental Health	23
Education Input	32
Education Outcomes	29

Public School Student Demographics