

# NC RESILIENCE & LEARNING PROJECT

TO ENSURE ACADEMIC SUCCESS AND IMPROVE THE SOCIAL AND EMOTIONAL WELL-BEING OF CHILDREN IMPACTED BY TRAUMA

## WHO



**6 IN 10**

individuals have at least one Adverse Childhood Experience (ACE).

**This statistic alone tells us that many children with ACEs are sitting in our classrooms.**



physical, emotional, & sexual abuse



physical & emotional neglect



household dysfunction: home with mental illness, substance abuse, mother treated violently, divorce, or incarcerated relative.

## WHAT

MORE LIKELY TO BE RETAINED  
IMPAIRED MEMORY  
LOWER VERBAL SKILLS  
MORE DISCIPLINE REFERRALS  
INCREASED AGGRESSION, DEFIANCE, & HYPERACTIVITY



DIFFICULTIES WITH ATTENTION  
LOWER TEST SCORES  
MORE ABSENCES  
HIGHER SUSPENSION RATES  
INCREASED DEPRESSION, ANXIETY, & WITHDRAWING  
DIFFICULTY REGULATING EMOTIONS

## HOW

### 2017-2018 School Year Overview:

Introductory Meeting with Principals



Schedule Resilience Team Meetings For Action Planning



Create Resilience Team



Resilience Team and School-wide Trainings



Ongoing Coaching & Technical Assistance



Evaluation & Assessment

## WHY

**Early findings show that trauma-informed schools initiatives result in:**



Suspension Rates by 30-90%  
Office Referral Rates by 20-44%  
Incidents of Physical Aggression After 1 Year by 43%  
Suspensions After 5 Years by 95%  
Student Depression Symptoms



Students' Ability to Learn by 28%  
Time on Task While In Class by 27%  
In School Attendance by 34%  
Test Scores  
Student Self-Esteem

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